

Daulat Ram College University of Delhi

National Service Scheme



Annual Report 2022–23

Programme Officer- Dr. Rita Rani

Title of the Event: Food Donation Drive

Date: 14-15 June 2022

Number of students participated: 9

Organizing unit/collaborating agency: NSS DRC

Report: An open Food Donation Drive was organised by the unit from 14th to 15th June, 2022. All donations which were collected throughout the course of the collection drive were donated to 'Missionaries of Charity', a children's orphanage based in Civil Lines in Delhi on 4th July, 2022. 9 volunteers represented the unit in their visit to the Orphanage, where they donated the food items that were collected. These included Wheat (39 kgs), Rice (39 kgs), Lentil (15 kgs), Sugar (52 kgs), Salt (158 packets), Cooking oil (8L), Turmeric (8800 gm), Milk powder (14 packets), Maggi (350 packets) and Biscuits (588 packets).



NSS Volunteers doing donation to a NGO

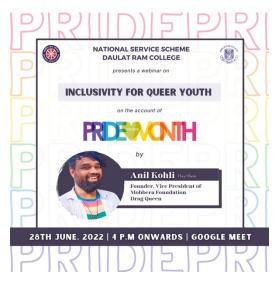
Title of the event: A webinar on Inclusivity For Queer Youth on account of Pride Month

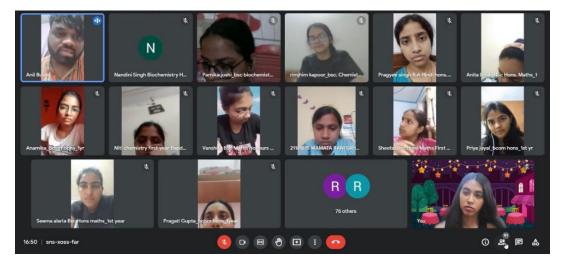
Date: 28th June 2022

Number of students participated: 94

Organizing unit/collaborating agency: NSS Unit

Report: National Service Scheme unit of Daulat Ram College organised a webinar on the topic 'Inclusivity For Queer Youth', on account of Pride Month on 28th June 2022. 94 volunteers attended the session. Anil Kohli (they/them), the Founder and Vice President of Mobbera Foundation graced the occasion as the speaker for the day. The webinar began with them interacting with the audience and sharing their story and struggle with the society's perception of their identity. They also underlined the lack of resources faced by the LGBT community, including the lack of formal education. They encouraged the attendees to make contributions to the welfare of the community, including pressing for scholarships and concessions to make education accessible to queer individuals. Anil also shed light on the many horrors that the community members are subjected to, including conversion therapy and shock treatments. The speaker further repeated the community's wish to be treated and respected as equal citizens.





Title of the Event: Influenza vaccination camp

Date: 11th July, 2022

Number of students participated: 65 students

Organizing unit/collaborating agency: Aggarwal Vaish welfare trust, Indraprastha education research and charitable trust

Report: Influenza vaccination camp at Daulat Ram College in association with Aggarwal Vaish welfare trust, Indraprastha education research and charitable trust on 11 July 2022. To make students aware about single shot of latest available flu vaccine is recommended annually for all adults to protect them from seasonal flu and swine flu virus (H1N1).



NSS Volunteers attending the event

Title: Slum Visit

Date:17th August 2022

Number of students participated: 10

Organizing unit/collaborating agency: NSS Unit

Report: National Service Scheme unit of Daulat Ram College visited Madipur Slum Area, located in West Delhi on 17th August 2022 in observance of Azadi ka Amrut Mahotsav to celebrate 75 years of Independence. The event was planned under the kind supervision of Seva Bharati Kendra, an NGO working for the welfare of the underprivileged sections of the society. 16 volunteers visited the Area. The focus of the event was to create awareness about the freedom struggle, the evolution of the Tricolour as it is seen today and contributions of the various freedom fighters, among others. To do so, NSS volunteers enthusiastically interacted with the people of the slum, especially the children under the age group of 4 to 15. The unit further conducted ageneral survey to understand the life of the people residing in the slum. In an attempt to end the visit on a hopeful note, a stationery donation drive was conducted in the area, distributing more than 50 sets of stationery items including notebooks, pens, pencils and color crayons.



NSS Volunteers during slum visit

Title of the Event: WEBINAR ON "PROTECTION AGAINST SEXUAL ABUSE TOWARDS CHILDREN"

Date: 22 August 2022

Number of students participated: 80

Organizing unit/collaborating agency: Sakshi NGO

Report: In collaboration with Sakshi NGO, a webinar was organised on 22nd August, 2022 on Protection Against Sexual Abuse Towards Children. Dr. Ramya Nisal, the Team Lead of The Rakshin Project of the NGO, was the esteemed speaker of the day. The discussion centre around child sexual abuse. It had various interactive elements and empathetic and enlightening conversations that helped raise awareness about the methods of prevention of the cruelties of child sexual abuse. The attendees, numbering over 80 volunteers, pledge to lead responsible lives and to keep such conversations going.



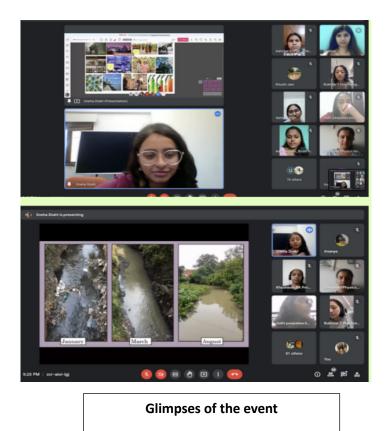
Title of the Event: WEBINAR ON RESTORING THE ECOSYSTEM FOR A SUSTAINABLE FUTURE

Date: 21st September 2022

Number of students participated: 75

Organizing unit/collaborating agency: UNEP's Plastic Tide Turner Champion

Report: NSS DRC under the aegis of Project Avni organised a webinar on 21st September, 2022 in collaboration with Ms. Sneha Shahi, UNEP's Plastic Tide Turner Champion, in order to raise awareness about sustainability issues and highlight inspirational stories. A total of 75 volunteers attended the session. With interactive tools and honest conversation, the webinar helped in educating the attendees about the steps that can be taken for restoring local flora and fauna. The speaker also talked about her journey in restoring the Bhukhi stream, the struggles her team faced, and how they overcame them.



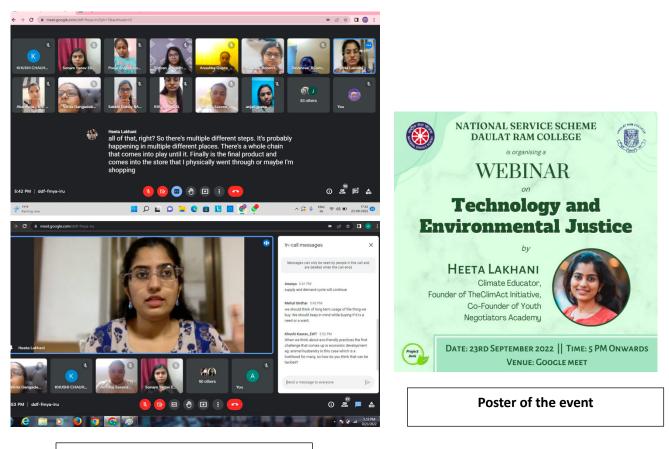
Title of the Webinar: WEBINAR ON TECHNOLOGY AND ENVIRONMENTAL JUSTICE

Date: 23rd Sep 2022

Number of students participated: 96

Organizing unit/collaborating agency: ClimAct initiative

Report: NSS DRC organised a webinar on the topic 'Technology and Environmental Justice' under the aegis of Project Avni on 23rd September 2022, in collaboration with Ms. Heeta Lakhani, the founder of the ClimAct initiative and the co-founder of Youth Negotiators Academy. She is a climate educator who firmly believes in the power of youth participation in the change- making process. A total of 96 volunteers attended the session. The session revolved around Climate Change and how it is impacting our lives. The speaker enriched the session further by sharing her personal journey and successfully capturing the interest of attendees towards the pressing need of collective action to combat Climate Change.



Title of the Event: Health Checkup Camp

Date: 26 September, 2022

Number of students participated: 70

Organizing unit/collaborating agency: Aggarwal Vaishya Welfare trust, Shalimar Bagh

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised Health Checkup Camp in collaboration with Aggarwal Vaishya Welfare trust, Shalimar Bagh on 26th September 2022. The camp started at 9:00 am and continued till 4 pm. The camp has provided free health checkups, such as General Health Checkup, full body checkup, general BMD test, blood sugar test, eye test, ECG etc. A team of 25 doctors and medical attendants along with thirty hardworking and enthusiastic volunteers from the unit strived their best for the successful completion of the camp. The camp was carried out in an immensely systematic and organized manner. The team of doctors has co-operated well with the volunteers. All the students and many teaching and non-teaching staff members of the college took benefit of the health checkup camp and participated for their health updates.



Title of the Event: Food Donation Drive

Date: 9th October, 2022

Number of students participated: 30

Organizing unit/collaborating agency: NSS DRC

Report:

- **RAILWAY BASTI FOOD DONATION DRIVE-** The National Service Scheme unit of Daulat Ram College organised a Food Donation campaign at the railway basti close to the college under the aegis of Project Itminaan Conducted on 9th October 2022, the donations gathered from our volunteers were given to more than 40 local households.
- NOSTRO DESTINO FOOD DONATION DRIVE- On January 30 and 31, Daulat Ram College's National Service Scheme unit and Nostro Destino, a nonprofit organisation dedicated to the development of the impoverished, collaborated to organise a food donation.
- TOM UNCLE MAGGI POINT FOOD DONATION DRIVE: The National Service Scheme unit of Daulat Ram College organised a food donation drive near Tom Uncle Maggi Point on the North Campus in order to support one of its main goals of "Bread for every Breath" and to recognise the importance of food



Title of the Event: Cleanliness and Fitness Drive

Date: 19th October 2022

Number of students participated: 51

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised a Cleanliness and Fitness Drive on 19th October 2022. The Cleanliness Drive was part of the "Clean India Campaign 2.0" and in observance of the Mega Swachhta Drive conducted by the Ministry of Youth Affairs and Sports. The Fitness Drive was part of the "Fit India Campaign". 51 students participated in the drive and were accompanied by Programme Officer Dr. Rita Rani, Co-Convenor Dr. Shashi Sharma, and 2 teachers from the NSS Committee. Starting early in the morning, a warm-up session was done which was followed by jogging around the Sports Complex Ground in the college premises twice. The students were then divided into three teams and each team took an area to focus on for the duration of the Cleanliness Drive. The teams divided covered the following areas - College premises, road towards Roop Nagar, and road towards Patel Chest. Over 200kg of waste, segregated into paper and plastic waste, was collected. The garbage collected was handed over to an MCD Garbage Collection Vehicle, stationed in the college premises. Later, the volunteers were once again taken to the Sports Complex Ground where they jogged the perimeter before dispersing for the day.



NSS Volunteers participating in the event

Title of the Event: Speaker Session on Emotional Engineering and Anger-free Lifestyle

Date: 17th November, 2022

Number of students participated: 80

Organizing unit/collaborating agency: Brahma Kumaris

Report: On 17th November, 2022, the National Service Scheme unit of Daulat Ram College, organised a two-hour Speaker Session on the topic, 'Emotional Engineering and Anger-free Lifestyle', in collaboration with the Brahma Kumaris. The hosts took the members of the audience on an engaging ride with interactive activities that imparted them with various values. These included a flower-making activity. Also Among these was a task in which audience-members were encouraged to speak about what they liked Doing, which would showcase the kind of nature they possessed. In Another Activity, everyone was encouraged to dance. The Brahma Kumaris spoke of the importance of engaging in physical activities, which they said, also led to a positive outlook towards life. The session taught us not only about the dangers of anger–prone lifestyle, but also about the emotional engineering needed to counter it.



Title of the Event: Open Food Donation Drive

Date: from 21st to 23rd November, 2022.

Number of students participated: 15

Organizing unit/collaborating agency: NSS DRC

Report: Donation Drive under Project Itminaan, the hunger alleviation initiative of the Unit, from 21st to 23rd November, 2022. It was conducted with the aim of distributing sufficient food grains and products to the impoverished families and hence upholding our Motto of 'Bread for Every Breath'. The drive saw a successful participation of the entire union of NSS DRC as well as of the zealous volunteers. The first and foremost step of the drive was donation of food products by volunteers, which saw their enthusiastic participation from 21st to 23rd of November, 2022. The unit specified the list of items that would be accepted beforehand. The concerned list was divided into two parts: Package 1 and Package 2. The former comprising Atta, Dal and Sugar whereas the later constituted Rice, Oil, Daliya and Salt. The aforementioned lists were meticulously adhered to by the volunteers while making the donations. The drive thrived in full swing for a period of three days and finally marked its conclusion on 23rd November, 2022. After a thorough examination and measurement of food products were collected. The exact quantity of the same are as follows: 150 kgs of Atta, 36 kgs of Dal, 36 kgs of Sugar, 58 kgs of Rice, 29 kgs of Daliya/Poha, 29 litres of Oil and 29 kgs of Salt.

Subsequently, the entire quantity of Food items collected were donated to an NGO named the Asha Bhawan Trust of India on 25th November, 2022. The concerned organisation works for the welfare of those who are homeless as well as for those having any sort of addiction.



Students donating food to the needy

Title of the Event: CLOTH DONATION DRIVE

Date: 25th November, 2022

Number of students participated: 25

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised a Cloth Donation drive under Project Avni, throughout the month of October, 2022. It was conducted with the aim of distributing sufficient clothing items to underprivileged families, and hence, upholding our ultimate motto of 'Not Me, But You'. The drive saw a successful participation of several zealous volunteers. The drive thrived in full swing for a period of 30 days and finally marked its conclusion on 31st October, 2022. Subsequently, the drive bore fruit on 25th November, 2022, when the collected clothing items were donated to an NGO named the Asha Bhawan Trust of India, which works towards the welfare of homeless individuals as well as those suffering from any addictions.



Title of the Event: Seminar on Re-designing the Future Together

Date: 3rd December, 2022

Number of students participated: 80

Organizing unit/collaborating agency: NSS DRC

Report: On 3rd December, 2022 (Saturday), the National Service Scheme unit of Daulat Ram College, University of Delhi, organised a seminar on the topic, 'Re-designing the Future Together,' with Dr. Darshana Joshi as the resource person. The approximately two hours-long seminar was held in the Conference Hall of the college from 10 AM onwards. Dr. Joshi is a physicist and the founder of Vigyanshaala, a non-profit organisation that helps underprivileged female Indian students in STEM fields while also connecting them to an international network of STEM students and experts. The seminar witnessed the active participation of approximately 80 volunteers as members of the audience, with an overwhelming number of them pursuing STEM courses in the college.

Title of the Event: PLANTATION DRIVE

Date: 24th January, 2023

Number of students participated: 15

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised the 74th Republic Day celebrations in the college premises on 24th January, 2023. The theme for the day was, "Patriotism in the Shades of Green," to represent fertility, growth and auspiciousness of our Mother Nature. The celebrations began with a plantation drive where Union Members planted saplings in the college grounds to take a step towards a greener tomorrow.



Students doing plantation of saplings

Title of the Event: Teaching Underprivileged

Date: 20th October, 2022

Number of students participated: 15

Organizing unit/collaborating agency: NSS DRC

Report: Launched on 20 October 2022 by Ms. Shambhavi and Ms. Shambhavi Ojha under the guidance of Dr. Rita Rani. Its motto is "Ek nayi udaan" Under this Project, Neha and Shivam, the children of Ms. Manisha, a non-teaching staff of the college have received daily tuition, along with the conduction of multiple stationery donation drives.





Educating the underpriviledged

Title: SEMINAR ON REDESIGNING THE FUTURE TOGETHER

Date:3rd Decmeber, 2022

Number of students participated: 60

Organizing unit/collaborating agency: Vigyan Shala, non-profit organization

Report: On 3rd December, 2022, NSS DRC organized a seminar on the topic, 'Redesigning The Future Together,' with Dr. Darshana Joshi as the resource person. Dr.Joshi is a physicist and the founder of Vigyan Shala, non-profit organization that helps underprivileged female Indian students in STEM fields while also connecting them to an international network of STEM students and experts. She Delivered a Highly enriching and informative Session, where she made the students acquainted with the recent environmental crisis, the UN Sustainable development goals Well as gave an insight into the hardships faced by an immigrant.





Glimpses of the event

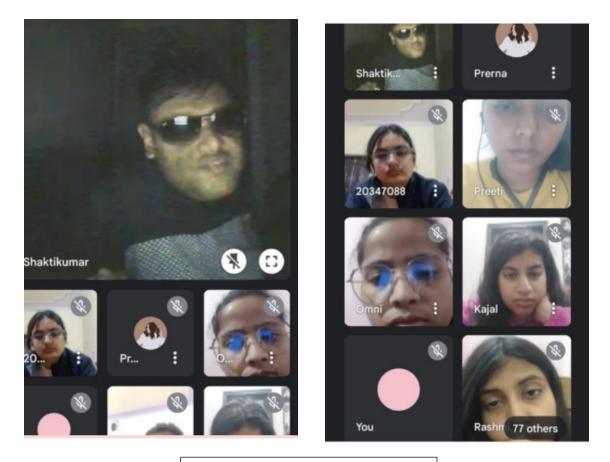
Title of the Event: WEBINAR ON 'ED-TECH MODEL IN BRAILLE'

Date:13th January, 2023

Number of students participated: 50

Organizing unit/collaborating agency: NSS DRC

Report: On 13th January, 2023 (Friday), as a belated commemoration of World Braille Day, a webinar on the theme, 'Ed-Tech Model in Braille' was organised by NSS DRC in collaboration with Dr. Shakti Aggarwal, a visually-challenged individual and a professor at the Faculty of Law, University of Delhi. The webinar witnessed the enthusiastic and inquisitive participation of more than 50 volunteers across the unit. Dr. Aggarwal briefly spoke about his personal struggles. This was followed by him highlighting the importance of preserving and promoting the usage of braille, Dr. Aggarwal also elaborated upon different modes of communication, particularly those that are technology-oriented, for the blind. These include screen readers such as Job Access with Speech (JAWS), dot books, scanning software in multiple languages, etc. He also urged educational institutions to maintain audiobooks and cassettes of study material for the blind. Highlighting the economic exclusivity of technology for the visually impaired, he urged governments and institutions to provide relief for the same.



Title of the Event: WEBINAR ON INCLUSION OF SUSTAINABILITY AND RENEWABILITY

Date: 30th January, 2023

Number of students participated: 80

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC under the aegis of Project Avni organized a webinar on 'Inclusion of Sustainability and Renewable in Our Lives' in collaboration with Prof. Gauhar Mehmood on 30th January, 2023. The session saw an impressive attendance of 80 attendees. The speaker introduced the attendees to the pros and cons of each sustainable and renewable source of energy. He then gave suggestions on how to purify sewage water for circulation amongst civic masses again and discussed the need for water purifier plants in all nuclear power plants.



Title of the Event: Road Safety Awareness Week Celebrations

Date: 11-17 Jan 2023

Number of students participated: 155

Organizing unit/collaborating agency: NSS DRC in collaboration with Delhi Traffic Police

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, recently collaborated with the Delhi Traffic Police on 14th January 2023 for the celebration of Road Safety Awareness Week which was observed from 11th to 17th January 2023 as per the guidelines of the Ministry of Transport, Government of India. The initiative aims to focus on imparting valuable knowledge about road safety among the masses. 10 officials from Delhi Traffic Police, including Ms. Seema Sharma, Incharge of Road and Safety Cell at Delhi Police, graced the event held in the college premises, conducted under the guidance of Dr. Rita Rani, the Programme Officer of NSS DRC. Employees of Hero MotoCorp were also present to educate young adults about staying safe when on the road. The day-long celebrations began with a Painting Competition organised by the unit, where 55 students participated with great enthusiasm. The competition was followed by a Nukkad Natak by the Ashmita Theatre group. The celebrations drew to a close with an Awareness Rally being organised in the university campus, which saw more than 100 students from NSS DRC in attendance, who spread the message of road safety with placards and banners.



Title of the Event: SANITARY KITS: DONATION AND DISTRIBUTION DRIVE

Date: 1st -2nd March, 2023

Number of students participated: 20

Organizing unit/collaborating agency: E-cell, DRC

Report: On 1-2nd March, 2023, NSS DRC, in collaboration with the Entrepreneurship Cell of the college, Organised a Sanitary Kit Donation And Distribution Drive. A Whopping Number of 320 kits were collected, consisting of sanitary napkins, soaps and shampoo sachets. The next step of the drive was marked by its distribution among the needy. Henceforth, volunteers of the NSS DRC unit along with members of E-cell look up the noble initiative of distributing the collected items in a slum area near Mayur Vihar, New Delhi on 4th March, 2023. The Distribution Drive thrive dina full swing wherein the enthusiastic volunteers interacted with the underprivileged women and educate them about menstrual health and hygiene, along with donating the collected kits to them.





Students participating in the donation drive

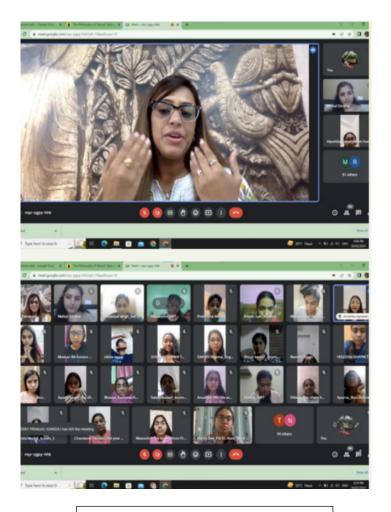
Title of the Event: WEBINAR ON "LEARN TO COMMUNICATE WITH ANIMALS"

Date: 20th February, 2023

Number of students participated: 80

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised a webinar in collaboration with Ms. Tanvir Panesarr on 20th February 2023 on the topic "Learn to Communicate with Animals". With 80 volunteers in attendance, the webinar was insightful and interactive with Ms. Panesarr sharing her stories of communicating with animals and how telepathy facilitates the interactions between her and the voiceless ones.



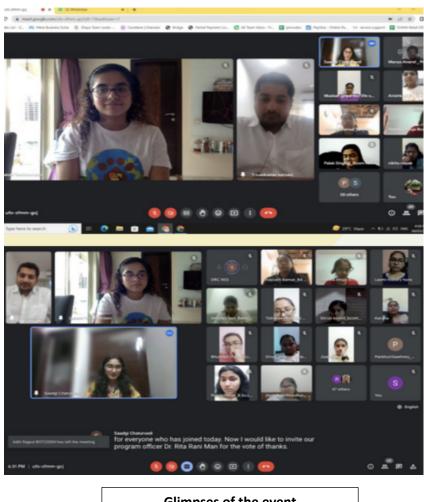
Title: WEBINAR ON ANIMAL WELFARE LAWS AND THE IMPACT IMPACT OF CLIMATE CHANGE ON ANIMALS

Date: 4th March 2023

Number of students participated: 75

Organizing unit/collaborating agency: NSS DRC

Report:On 4th March 2023, NSS DRC hosted a webinar in collaboration with Planet for Plants and Animals on the topic "Effects of Climate on Animals and Animal Laws in India". The webinar was joined by Ms. Sakshi Teckchandani, the Founder of PPA and Adv. Trivankumar Karnani with 75 volunteers and the Union Members. Ms. Teckchandani shared her insights on the impact of climate change on animals and Adv. Trivankumar Karnani discussed sections of the Constitution of India relevant to animal welfare.



Glimpses of the event

Title of the Event: Yaumna Cleaning Drive under yamuna Sansad

Date: 4 June 2023

Number of students participated: 15

Organizing unit/collaborating agency: ECO Club, DHARA, DRC

Report: Dhara Eco-club and EVS department of Daulat Ram College, University of Delhi have been actively participated in Yamuna Sansad campaign which was held on 4th June 2023. In collaboration with NSS, this campaign was organized to create awareness and save the Yamuna River and approximately one lakh people were gathered along the 22 km stretch of Yamuna River from Wazirabad to Kalindi Kunj and formed the human chain. More than eighteen hundred organization have been participated in this campaign.



Title of the Event: Blood Donation Camp

Date: 23rd November, 2022

Number of students participated 150

Organizing unit/collaborating agency: NSS DRC in collaboration with Lions Club Delhi

Report: NSS DRC organised a Blood Donation camp in collaboration with Lions Club Delhi North Ex Shakti. With the aid of Lions Club organisation, NSS DRC unfurled a Blood Donation camp where in all vigilante individuals came forth and donated blood for the Greater good. The event sawan enthusiastic response With about 100 units of blood being donated with more than half of the students being first time donors.



Title of the Event: Fit India and Clean India Drive

Date: 31st October, 2022

Number of students participated: 35

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised Fit India Drive. The Fitness Drive was conducted in the college campus itself. The drive consisted of thirty minutes of yoga in its Front Lawn, followed by another thirty minutes of jogging in the Sports Complex. Students were also acquainted with the various techniques as well as benefits of a range of warm up workouts. The drive saw an enthusiastic participation of volunteers as well as the determined NSS Teacher's Committee who joined them alongside. The drive finally reached its conclusion with the remarkable NSS Clap, which stood as symbolic of the utmost determination and dedication towards the Unit and its ultimate goal - "Not me, but you."



Title of the Event: Self Defence Camp in collaboration with Delhi Police

Date: From 11th to 17th January 2023

Number of students participated: 162

Organizing unit/collaborating agency: NSS Unit in collaboration with Delhi Police

Report: The National Service Scheme unit of Daulat Ram College organised a 15 Day Self Defence Camp in collaboration with Delhi Police. The camp commenced on 20th March 2023 in the Sports Ground of the college and saw an active participation from 100 volunteers. Mr. Shakti Singh, a Karate Instructor working with the Delhi Police, was gracious enough to act as a mentor to the volunteers. The camp began with an orientation where Mr. Shakti emphasised on the importance of self defence and how it can be helpful in everyday life. Every morning, the volunteers had a basic warmup session followed by some yoga asanas. They learnt various self-defence techniques such as kicks, punches and elbow strikes. They were taught how to defend themselves from different types of attacks, including chokes, grabs and strikes. Volunteers thoroughly enjoyed these thrilling activities, including learning how to break tiles. On 30th March 2023, attendees of the camp, along with NSS DRC Union Members, visited the Civil Lines Police Station wherein they were given practical training by police officers on how to defend themselves in real life situations that may prove to be threatening. They were also enlightened about various helpline numbers and how a police station is a safe shelter for them.



Title of the Event: Food Donation Drive and Bhandara

Date: 27th and 28th March, 2023

Number of students participated: 15

Organizing unit/collaborating agency: NSS Unit

Report: A Food Donation Drive was organised by the unit under the aegis of Project Itminaan, its hunger alleviation initiative. It bore fruit with contributions from several enthusiastic volunteers on 27th and 28th March, 2023. Over the period of these two days, 30kgs of rice, 35kgs of rajma and 15 litres of oil were collected. The donations received in form of the above stated items were instrumental in conducting a Bhandara in sector-67, Noida on 1st April, 2023. More than 600 people were served in the Bhandara, making it a glowing success and a crucial landmark in the unit's journey of eliminating hunger from the world.



Bhandara Donation Drive on account of 1000 days of project itminaan

27th-28th March, 2023

Title of the Event: Sanitary Kit Donation and Distribution Drive

Date: 1st April, 2023

Number of students participated: 34

Organizing unit/collaborating agency: NSS Unit in collaboration with Warriors Without Cause (WWC)

Report: A Sanitary Kit Donation and Distribution Drive was conducted by the unit to further its aim of eradicating the stigma surrounding menstruation, empower menstruators and start an important conversation regarding accessibility to hygiene products for underprivileged individuals. Donations were invited in the form of sanitary kits, which consisted of *3 shampoo sachets, 1 soap bar* and *5 sanitary napkins each*. These were collected on 29th March 2023, and witnessed an encouraging participation of 30 volunteers. Owing to the contribution of volunteers and NSS DRC Union members, a total of 60 sanitary kits were thus collected. Subsequently, on 1st April 2023, four members of the NSS DRC union, accompanied by four volunteers, visited a slum area in Sector-76, Noida. 60 sanitary kits were donated to menstruators there, and the drive served to encourage impactful, one-on-one conversations with women about hygiene and menstruation.



NSS Volunteers donating sanitary kits